

# In-Home Care Designed Around You

*Because true independence means choosing how—and with whom—we age*

At Brightwood Health, exceptional care begins with the right match. Our proprietary process pairs each client with a thoroughly vetted, expertly trained Care Professional—delivering personalized, in-home support that fosters comfort, confidence, and peace of mind. Whether you require Essential Care for daily living or seek a Premier Care experience that mirrors a luxury hospitality model, Brightwood is designed for families who expect the highest standards of privacy, service, and quality.

## Essential Care

Focused on safety, routine, and reliable daily support.

- ✓ Bathing, grooming, mobility, and personal care
- ✓ Medication reminders & wellness monitoring
- ✓ Engaging companionship & safety support
- ✓ Light housekeeping & meal preparation
- ✓ Memory care and chronic condition assistance
- ✓ End-of-life and comfort support
- ✓ Flexible care hours with weekly minimums
- ✓ BrightAssist™: 24/7 virtual safety monitoring, wellness alerts, and proactive insights

## Premier Care

Designed to enhance comfort, lifestyle, and overall wellbeing.

- ✓ Dedicated Care Concierge to manage your entire experience
- ✓ Weekly family reports and personalized updates
- ✓ Lifestyle activity planning and CarePro coaching
- ✓ Customized meal plans and chef-prepared options
- ✓ Vendor coordination: cleaning, gardening, errands
- ✓ Relocation or downsizing support
- ✓ Appointment scheduling, Rx pickup, nutritionist access
- ✓ Cultural outings, nature walks, restaurant dining, and events
- ✓ Holistic options: massage, reiki, yoga, breathwork, pet/music therapy

# What Makes Us Different

- ✓ Medication reminders & wellness monitoring
- ✓ End-of-life and comfort support
- ✓ Engaging companionship & safety support
- ✓ Flexible care hours with weekly minimums
- ✓ Bathing, grooming, mobility, and personal care
- ✓ Memory care and chronic condition assistance
- ✓ Light housekeeping & meal preparation

## Our Care Professionals

Elite Talent. Thoughtfully Matched.

- ✓ Minimum 3 years experience
- ✓ Advanced dementia & condition-specific training and experience
- ✓ Advanced care skills training and testing
- ✓ Personality screening & lifestyle alignment
- ✓ Ongoing education & very close in-home supervision/mentorship
- ✓ Matches based on values, preferences, and energy
- ✓ Insured, bonded, and W-2 employed
- ✓ Comprehensive criminal background and DMV record checks


*"Brightwood Health gave us the peace of mind we didn't think was possible. The level of care, communication, and compassion has exceeded every expectation."*

— Sandra M., Scottsdale

## Your Care. Your Terms.

Discover how Brightwood Health can provide the peace of mind and elevated support your family deserves. Call now to speak with a Brightwood Care Specialist.

 [premier.brightwood.health](https://premier.brightwood.health)  [care@brightwood.health](mailto:care@brightwood.health)  24/7 Care Line: (623) 400-7528

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